

Twenty years of IPS in ITALY. What's next?

Angelo Fioritti, Fabio Albano, Denise Manchisi, and Antonella Mastrocola

IPSILON Association, for the Development of IPS

Dina Guglielmi and Francesca Floris

Unit of Work Psychology, Department of Educational Sciences, University of Bologna

Overview of IPS in ITALY



Health and welfare landscape

Population: 60.360.000

Administration: 21 Regions (very different in

size (100.000 to 10.000.000).

Health care: National Health Service, tax funded, resources allocated by national government. Planning, organization and provision of care by Regional administrations through Local Health Trusts. (LHT-AUSL).

Departments of Mental Health (DMHs) are part of LHT and ensure community and hospital mental health care to a defined catchment area.

Overview of IPS in ITALY



Health and welfare landscape

Social care: provided by Municipalities (more than 8.000 administrations). Social welfare benefits low, increasing in the last decade (not a disincentive to work). Labour policies: one national agency for research and guidelines (ANPAL). Employment services run by regional administrations. Active labour policies only in 1/3 of regions.

Overview of IPS in ITALY

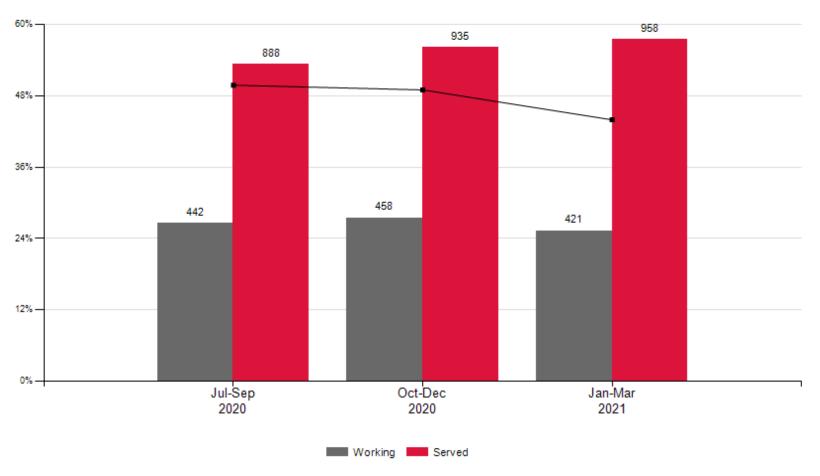


Scale of IPS provision

- IPS is almost entirely funded and provided by DMHs, belonging to NHS.
- IPS is regional policy in 3 Regions (Emilia-Romagna, Veneto and Sicily).
- Full scale implementation in Emilia-Romagna.
 Large scale implementation in Veneto and
 Lombardy. IPS national training center in
 Bologna IPSilon Association.
- Fourteen sites belong to the "HQ IPS network" (data, supervisions, fidelity visits).
- Many more programs around the country.
- Recent involvement of academic centers.



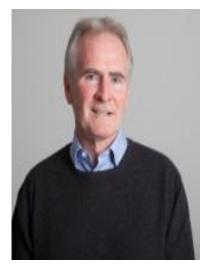
HQ IPS network - Percent of Clients Working Italy



How did we get into IPS?









EQOLISE

Enhancing

Quality

Of

Life

Implementing

Supported

Employment

6 centers:

Londra (UK)

Rimini (I)

Ulm (D)

Zurich (CH)

Groeningen

(NL)

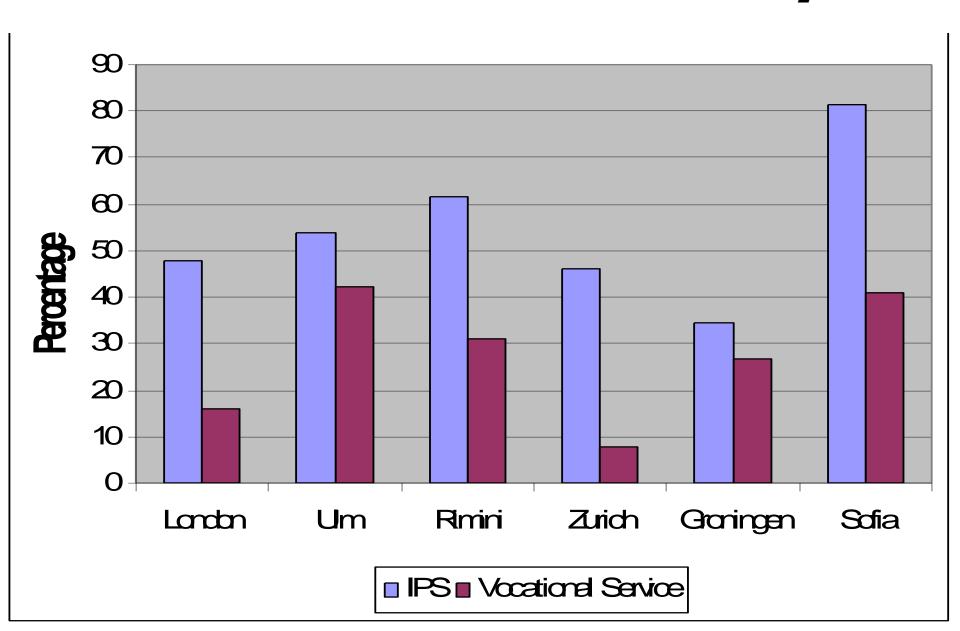
Sofia (BUL)

	IPS	n	Vocational service	n	Difference (95% CI)
Worked for at least 1 day	85 <u>(55%)</u>	156	43 (28%)	156	26·9% (16·4 to 37·4)
Number of hours worked*	428-8 (706-77)	143	119.1 (311.94)	138	308·7 (189·22 to 434·17)
Number of days employed*	130.3 (174.12)	154	30.5 (80.07)	152	99.8 (70.71 to 129.27)
Job tenure (days)*	213.6 (159.42)	83	108.4 (111.95)	39	104·9 (56·03 to 155·04)
Drop-out from service	20 (13%)	156	70 (45%)	156	-32·1% (-41·5 to -22·7)
Admission	28 (20%)	148	42 (31%)	141	-11·2% (-21·5 to -0·90)
Percentage of time spent in hospital*	4.6 (13.56)	148	8.9 (20.08)	141	-4·3 (-8·40 to -0·59)

Data are number (%) or mean (SD).*Data for hours worked were not available for all patients, since not all patients completed follow-up interviews or were able to supply this information. Data for days employed were collected outside interview. Job tenure data were only calculated for the subgroup of patients who worked. Data for hospital use were missing for 23 patients. †Bootstrapped estimates of difference between means and bias corrected and accelerated 95% CIs presented.

Table 2: Vocational, admission, and drop-out outcomes†

Worked at least for one day



Effect of risk of benefit trap on risk difference

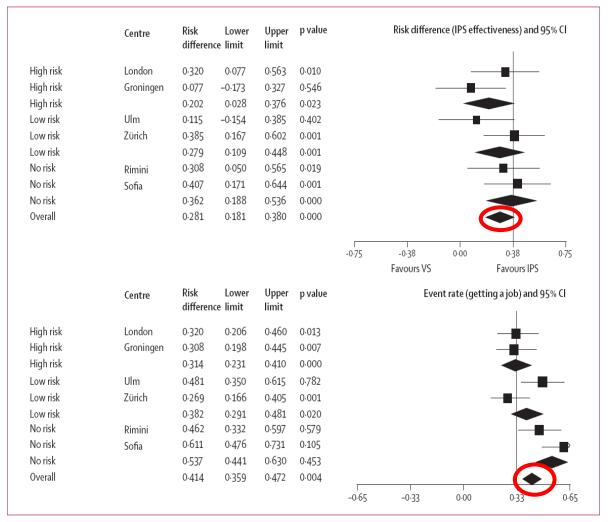


Figure 3: Effect of benefit trap on IPS effect size (upper) and on getting a job overall (lower)

The third, sixth, and ninth rows show the summed estimate for the previous two rows, whereas the tenth row shows the total estimate for all the data. For every centre, the 95% CI is represented by a horizontal line and the IPS effect size (upper) or getting a job (lower) represented by a square, proportionate to study size. The diamond indicates that the outcome is pooled across centres, the width of which represents the 95% CI. IPS=individual placement and support. VS=vocational service.

Effect of long-term unemployment rate on outcome

	IPS effect size		Getting a job		
	Q	p value	Q	p value	
Local unemployment rates*	5.82	0.016	0.984	0.321	
GDP per head growth (annual %) 2003†	1.66	0.198	9.56	0.002	
% GDP spent on health 2002‡	0.229	0.632	2.55	0.110	
Long-term unemployment rate (1999)§	0.532	0.466	16.16	<0.001	
Benefit trap? (2004–05)¶	1.62	0.445	10.90	0.004	

These socioeconomic variables should not be compared with each other, since the data are from different years and different sources. *Ranges from 3·6 in Zürich and Sofia to 8·1 in Groningen. Information provided by authors adjusted using ratio of national rates (EIU 2004 database accessed online via the Economist Intelligence Unit Market Indicators and Forecasts website) and ratio applied to local rates. †Ranges from –1·4 in Groningen to 4·9 in Sofia. Information from World Development Indicators Online database, accessed via the Economic and Social Data Services (ESDS) website. ‡Ranges from 7·3 in Sofia to 11·2 in Zürich. Information from World Development Indicators Online database, accessed via ESDS website. §Persons unemployed for a period of 1 year or more as a percentage of the labour force. Ranges from 1·2 in Zürich to 8·3 in Sofia. Information from ESDS website. ¶High risk centres: London, Groningen; low risk: Ulm, Zürich; no risk: Rimini, Sofia. GDP=gross domestic product.

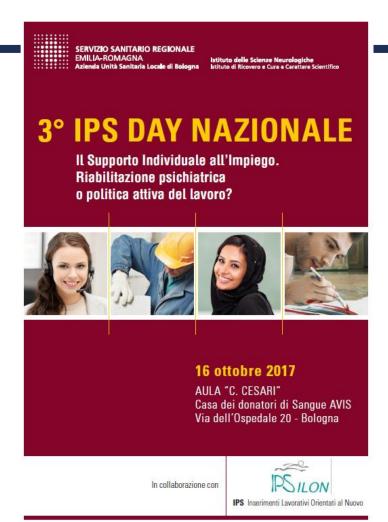
Table 3: Socioeconomic sources of heterogeneity

Further steps after EQOLISE

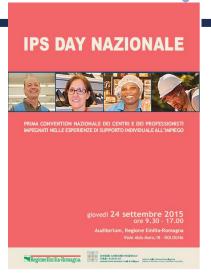
- Never stopped in Rimini since 2003, more than 500 clients treated over time, replication of standard outcomes (>40% of clients in treatment work)
- 2010 TIPS project: extend IPS to all Departments of Mental Health in Emilia-Romagna.
- Seminal work by DMHs in other Regions. IPS becomes policy in **2 more Regions**.
- 2014 Fidelity visits, Emilia-Romagna joins the **International Learning Collaborative** lead by Dartmouth.
- 2016 IPSILON association for the development of supported employment and recovery-oriented psychosocial interventions.

IPSilon association









IPSilon association





INDIVIDUAL PLACEMENT AND SUPPORT

MANUALE ITALIANO DEL METODO PER IL SUPPORTO ALL'IMPIEGO DELLE PERSONE CON DISTURBI MENTALI

> a cura di Angelo Fioritti e Domenico Berardi

Approach to quality and innovation



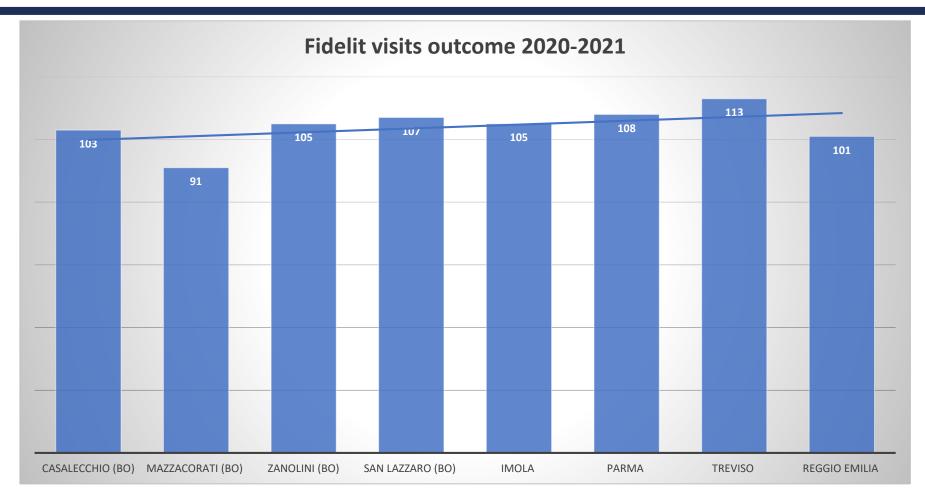
Quality assurance

- -Supervision in all 14 sites.
- -Fidelity visits:
- 2013-2018 eleven sites (DMH Centres of Emilia-Romagna) any 18 mths;
- 2014 2018 three more sites (Lecco, Treviso, Venice);
- 2019-2020 stop due to lack of funds and the Pandemic.
- 2021: independent fidelity visits again in all sites.

Fidelity Reviewers trained by S. Reese, D. Becker & S. Swanson Monitoring outcomes on national and local level and comparison with International IPS collaborative network.

Fidelity Visits outcomes year 2020-2021





Innovation and future direction



Current experimental programs in Bologna:

- Child psychiatry program for First episode psychosis and Young subjects with difficult transition to adulthood;
- "Insieme per il lavoro", Bologna municipality, IPS for the general unemployed population.

Current experimental program in Piacenza:

- Young adults with autistic spectre disorder

Current experimental programs in Cremona:

- IPS for migrants at first arrival

Innovation and future direction



Quality Goals:

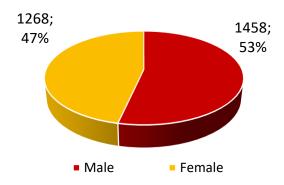
- Extend the "HQ IPS network"
- Increase the frequency of supervisions (weekly, currently 2 weeks)
- To increase the frequency of Fidelity visits (any 12-18 months).
- To start extensive research on social and clinical variables (in collaboration with the Unit of Work Psychology, Bologna University – Prof. Dina Guglielmi)

SAMPLE

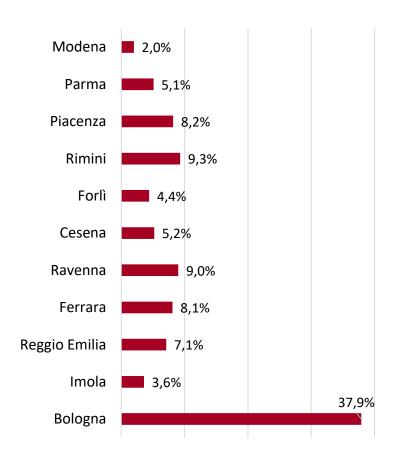
N = 2726

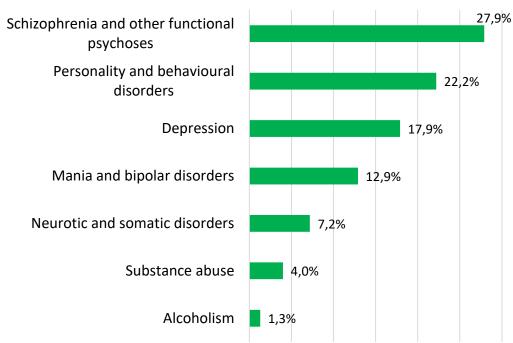
Age: M (SD) = 34.06 (11.11)

Work experience: M(DS) = 12.11(9.78)



SAMPLE

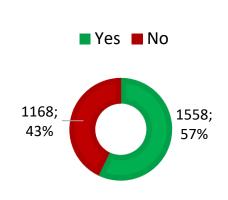


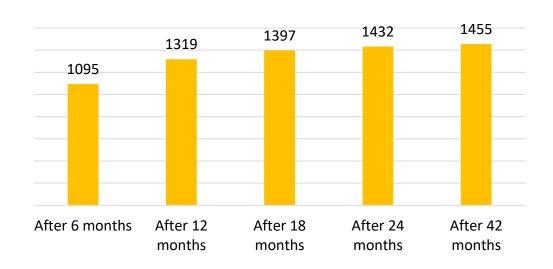


- 61 (2%) come from SerDP (Service for Dependence)
- 661 (24%) receive benefits

RESULTS Descriptives

Patients who found a job:





Days passed from first meeting with IPS to first job interview:

M (SD) = 75.95 (108.89) \rightarrow 2.5 months

Days passed from first meeting with IPS to first employment:

M (SD) = 141.90 (84.50) \rightarrow 4.5 months

Days employed in first occupation:

 $M (SD) = 126.26 (492.02) \rightarrow 4 \text{ months}$

RESULTS Differences between groups

Diagnosis	Days from 1st meeting IPS to first employment
Alcoholism	160.05 (160.15)
Substance abuse	106.09 (86.00)
Depression	136.02 (167.02)
Personality and behavioural disorders	126.00 (157.30)
Mania and bipolar disorders	140.31 (150.32)
Schizophrenia and other functional psychoses	161.37 (184.46)
Neurotic and somatic disorders	134.61 (168.25)

RESULTS Differences between groups

Access center

	M (SL	р	
	CSM	SerDP	
Weekly hours worked	27.54 (12.52)	32.06 (9.75)	.04
Days passed from first meeting with IPS to first job interview	76.55 (109.73)	40.80 (36.82)	.03

RESULTS Differences between groups

Benefits	M (SD)	р	
	Benefits	No benefits	
Days passed from first meeting with IPS to first job interview	84.15 (115.62)	73.30 (106.54)	.05
Days passed from first meeting with IPS to first employment	185.90 (10.44)	158.00 (4.72)	.00
Mediations (yes)	8.0%	4.3%	.02
Success in job search			.00
Yes	52.0%	58.8%	
No	48.0%	41.2%	

Recent publications



- Fioritti A, Hilarion P., Van Weeghel J., Cappa C, Suñol R., Burns T. (2014) *Individual Placement and Support in Europe*. Psychiatric Rehabilitation Journal, 37/2, 123–128.
- Fioritti A., D'Alema M., Barone R., Bruschetta S. (2014) Social Enterprises, Vocational Rehabilitation, Supported Employment. Working on Work in Italy. Journal of Nervous and Mental Disease, 202/6, 498-500.
- Pelizza L., Ficarelli M.L., Vignali E., Artoni S., Franzini M.C., Montanaro S. (2020) *Implementation of IPS in Italy: The Reggio Emilia Experience*.
 Community Mental Health Journal, 56(6):1128-1138.
- Rizza, R., Fioritti, A. (2020). Is individual placement and support an "active" labor market policy? Psychiatric Rehabilitation Journal, 43(1), 60–64.
- Fioritti A., Peloso P.F., Percudani M. (2016) "We Can Work It Out": The Place of Work in Italian Psychosocial Rehabilitation, International Journal of Mental Health, 45:1, 51-58.

The road ahead



Epidemiology and Psychiatric Sciences

cambridge.org/eps

Editorial

Cite this article: Jónasson H, van Weeghel J, Koatz D, Johnston G, Bejerholm U, Fioritti A (2022). Boosting the development of individual placement and support in Europe. Epidemiology and Psychiatric Sciences 31, e29, 1–4. https://doi.org/10.1017/ S2045796022000129

Boosting the development of individual placement and support in Europe

Hlynur Jónasson¹, Jaap van Weeghel^{2,3}, Débora Koatz^{4,5}, Gary Johnston⁶, Ulrika Bejerholm⁷ and Angelo Fioritti⁸ (D

¹Landspitali, Psychiatric Hospital, Reykjavik, Iceland; ²Phrenos Center of Expertise, Da Costakade 45, Utrecht, The Netherlands; ³Tranzo Scientific Center for Care and Wellfare, Tilburg School of Social and Behavioural Sciences, Tilburg University, Tilburg, The Netherlands; ⁴Avedis Donabedian Research Institute, Barcelona, Spain; ⁵Universitat Autònoma de Barcelona (UAB), Barcelona, Spain; ⁶Social Finance, London, UK; ⁷Department of Health Sciences, Lund University/Research and Development Department, Mental Health Services, Region Skåne, Sweden and ⁸Department of Biomedical and Neuromotor Sciences, School of Hygiene and Preventive Medicine, University of Bologna, Bologna, Italy

Rimini, Third EU IPS Meeting, 19-20 Oct 2023







Thank You for Your attention – See you in Rimini

