

## Recovery Story

Thank you for agreeing to share your recovery story. This document will act as a guide on how to gather content and describe your recovery journey. You can complete this with your Employment Specialist or alone and return it to [ insert name and email ] along with your completed consent form.

<p>A short overview (Name, age, mental health support needs, how long unemployed, occupational history, referral from, length of time in IPS service)</p> <p>If you wish to remain anonymous the following will be removed or changed:</p> <ul style="list-style-type: none"> <li>• Name</li> <li>• Age</li> <li>• Location</li> <li>• New place of work</li> <li>• Mental health support needs (if very specific)</li> </ul>	
<p>Summary of Support</p>	
<p>Outcomes/ Achievements</p>	

When collecting a recovery story from a service, it can also be beneficial to obtain a quote or brief summary from one or more of the below individuals. We recommend that clinicians/ES are asked to provide an overview of the role they played in supporting the employment and recovery journey.

**I agree to allow [Trust/Organisation] to ask the following individuals for their perspective on my Recovery Story (please tick the options you are happy with):**

**Clinician:**

– please indicate name and contact details:

.....

**Care Coordinator:**

– please indicate name and contact details:

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**Partner/Friend:**

– please indicate name and contact details:

.....

**Employment Specialist:**

– please indicate name and contact details:

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**Employer:**

– please indicate name and contact details:

.....

**I agree to my recovery story being shared with others as indicated above:**

**Name:** .....

## Recovery Story Part 2

This section should be completed if the individual has given permission for an overview or quote to be obtained from their ES/ Clinician/ Employer/ Partner/ Friend/ Employment Specialist.

Name	
Relationship to individual in the Recovery Story (clinical, employer etc)	
Quote or brief summary:	

For clinicians and employment specialists; consider any interventions that were part of the recovery journey: zero exclusion, employer engagement, availability of time unlimited support etc

This document should act as a guide only.